

# Voluntarily Stopping Eating and Drinking

A Lesser Known but Widely Available End-of-Life Option

1



@ThaddeusPope

World Federation of Right to Die Societies Conference  
Toronto • November 4, 2022

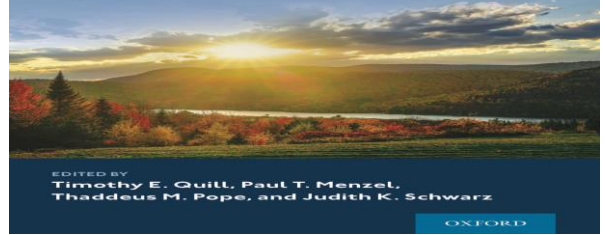
2

nothing  
to disclose

3

## Voluntarily Stopping Eating and Drinking

*A Compassionate, Widely Available Option for Hastening Death*



EDITED BY  
Timothy E. Quill, Paul T. Menzel,  
Thaddeus M. Pope, and Judith K. Schwarz

OXFORD

4



5



6



7

# sessions

8

MAID

23

other RTD

4

9

# minutes

10

MAID

1090

other RTD

125

11

appropriate

12



13

but

14



15

4 reasons

16

1

17

most live in  
**non**-MAID  
jurisdictions

18



19

11

- Australia
- Austria
- Belgium
- Canada
- Colombia
- Luxembourg
- Netherlands
- New Zealand
- Spain
- Switzerland
- USA

20



21



22



23

many in MAID jurisdictions are **ineligible**

24



25

6-month  
prognosis

26



27

3

28

even if  
eligible

29



30

# CBO

facility or clinician

31

patient's  
**own** religion

32



33

waiting periods  
& screenings

34

# 4

35

no MAID  
via **AD**

36



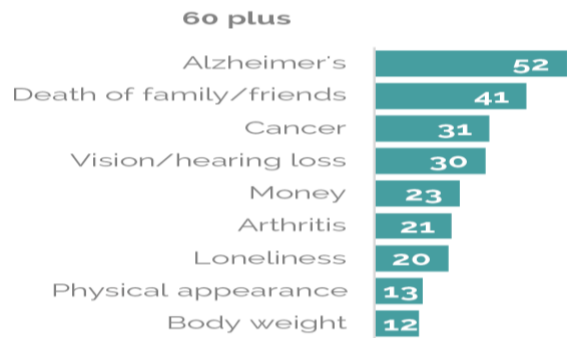
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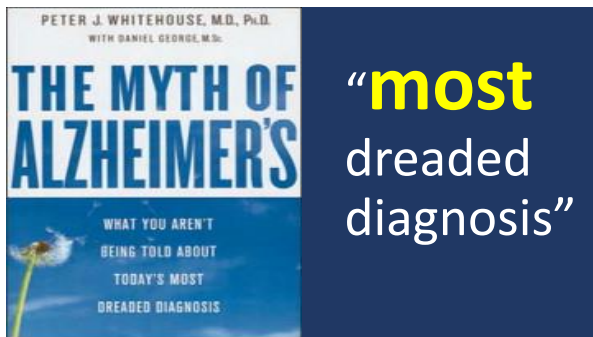
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# fear of dementia

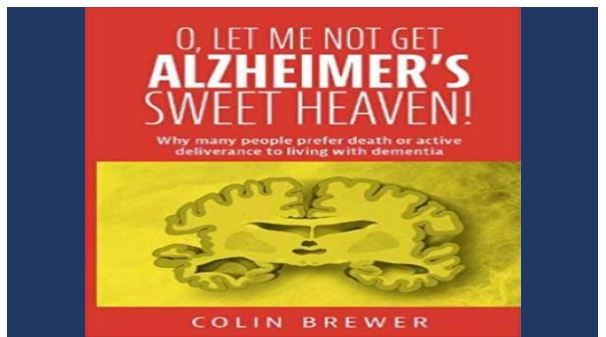
39



40



41



42

20% | Alz biomarker **want MAID** at cognitive decline

Largent EA, et al, Attitudes Toward Physician-Assisted Death From Individuals Who Learn They Have an Alzheimer Disease Biomarker. *JAMA Neurol.* 2019;76(7):864-866.

43

many **hasten death** to avoid late-stage dementia

44

1990

45

46

2022

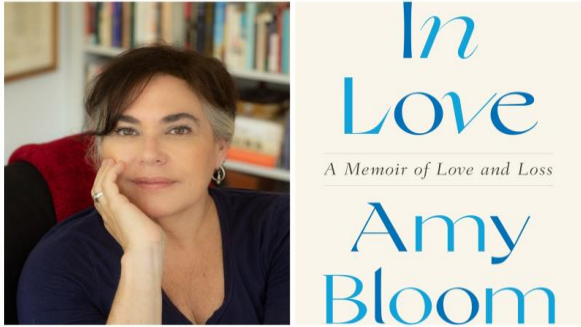
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**The New York Times** earn an affiliate commission.

- NEW THIS WEEK**  
**ONE DAMN THING AFTER ANOTHER**  
 by William F. Barr | Morrow  
 The former attorney general for George H.W. Bush and Donald Trump gives his account of those two tenures.  
[BUY](#)
- NEW THIS WEEK**  
**ALLOW ME TO RETORT**  
 by Elinor Moyal | New Press  
 The Nation's legal analyst and justice correspondent posits ways to protect the rights of women and people of color.  
[BUY](#)
- NEW THIS WEEK**  
**IN LOVE**  
 by Amy Bloom | Random House  
 After her husband's Alzheimer's diagnosis, the author travels with him to Dignitas, a prominent Swiss right-to-die organization.  
[BUY](#)

48

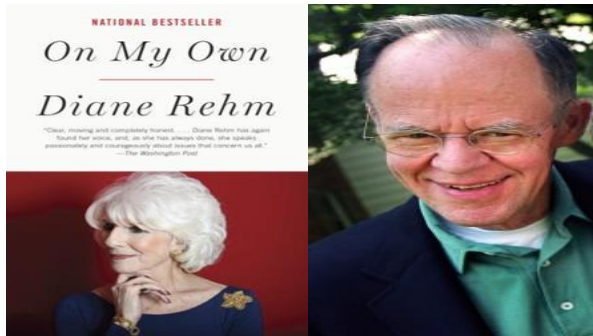




49

high profile cases

50



51

DEMENTIA DIRECTIVE  
I DO NOT WANT TO LIVE THROUGH THE LATER STAGES OF DEMENTIA . . .

52

in sum

53



54

to **avoid**  
late-stage dementia

55

~~MAID~~

56

SO...

57

**other**  
EOL options

58

VSED

59

Roadmap

60



61



62



63



64



65



66

**V**oluntarily  
**S**topping  
**E**ating &  
**D**rinking

67

patient **with**  
 capacity

68

**able** to take food  
 & fluid by mouth

69

voluntary  
**decision**  
 to stop

70

**≠** ANH

71

**≠** natural loss  
 appetite

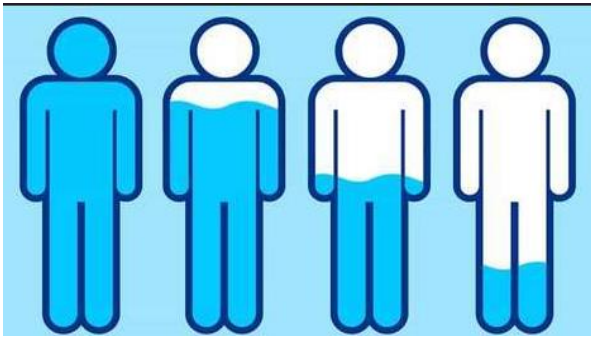
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**deliberate** choice  
 stop fluids  
 by **mouth**

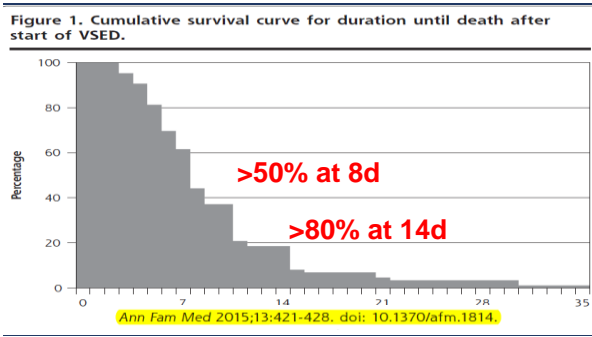
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**goal** = death  
 from dehydration

74



75



76

peaceful  
 comfortable

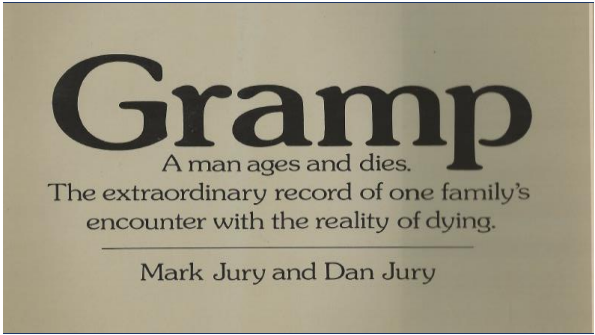
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**1<sup>st</sup>** person  
 narratives

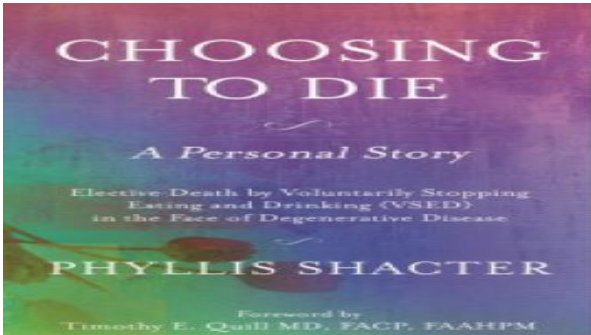
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# books

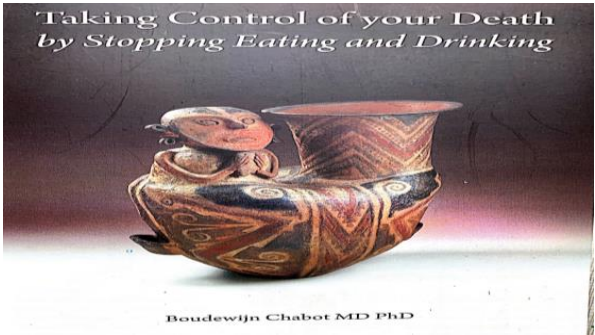
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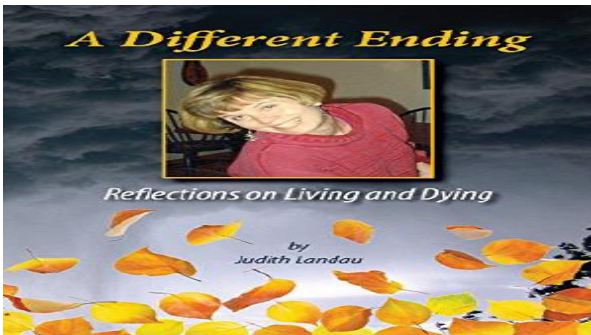
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# films

84



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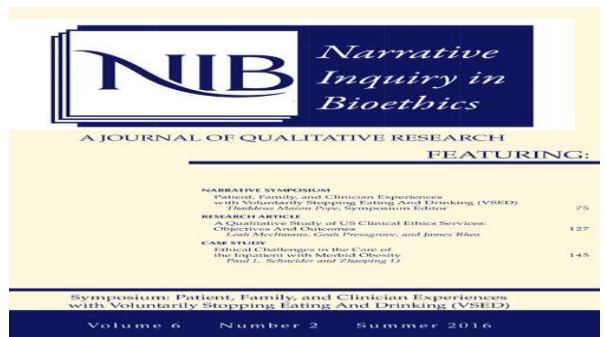
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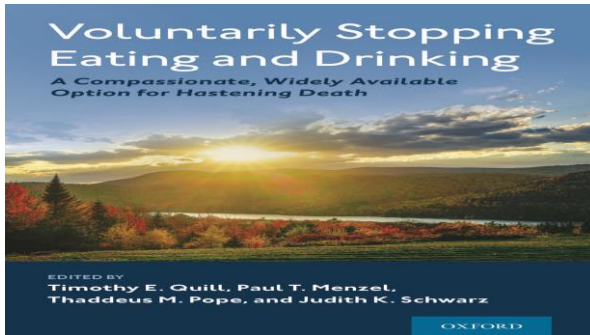
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89



90



91

**not only**  
1<sup>st</sup> person  
narratives

92

**objective**  
evidence  
patient experience

93

peaceful  
comfortable

94

The NEW ENGLAND JOURNAL of MEDICINE

SPECIAL ARTICLE

Nurses' Experiences with Hospice Patients Who Refuse Food and Fluids to Hasten Death

Linda Ganzini, M.D., M.P.H., Elizabeth R. Goy, Ph.D., Lois L. Miller, Ph.D., R.N., Theresa A. Harvath, R.N., Ph.D., Ann Jackson, M.B.A., and Molly A. Delorit, B.A.

95

100 Oregon  
**nurses** cared for  
VSED patients

96



most deaths  
“**peaceful** with  
little suffering”

97



98

“**opportunity** for  
reflection, family  
interaction, and  
mourning”

99

**preferred**  
by many

100



101

even though MAID  
available, “**almost**  
**twice**” chose VSED

102

patients VSED  
**even** where  
 MAID is legal

103



104

0.4 to **2.1%**  
 of **all** deaths

Omwuteke-Philipsen BD, Brinkman-Stoppelenburg A, Penning C, de Jong-Kruis GJE, van Delden JBM, van der Heide A. Trends in end-of-life practices before and after the enactment of the euthanasia law in the Netherlands from 1990 to 2010: a repeated cross-sectional survey. *Lancet*. 2012;380(9945):908-915.  
 Chabot BE, Goedhart A. A survey of self-directed dying attended by proxies in the Dutch population. *Soc Sci Med*. 2009;68(10):1745-1751.

105





*The NEW ENGLAND JOURNAL of MEDICINE*  
 End-of-Life Decisions in the Netherlands over 25 Years

**> 1/2** deaths  
 euthanasia

106



107

	<b>773 New Clients</b> (31% increase from 2021)		<b>949 Clients Served</b> (25% increase from 2021)
	<b>746 Death with Dignity (DwD) Clients</b>		<b>27 Voluntarily Stop Eating and Drinking (VSED) Clients</b>
	<b>293 Clients Used DwD Law</b> (27% increase from 2021)		<b>16 Clients Used VSED</b> (33% increase from 2021)

108

good  
option

109

clinical  
status

110



111



112



113

300 hospice &  
palliative care  
specialists

Shinjo T, et al. *BMJ Supportive & Palliative Care* 2017;0

114

32%  
experience with VSED

115



116

751 family physicians

Perceptics Clinical Research Report  
**Family physicians' perspective on voluntary stopping of eating and drinking: a cross-sectional study**  
Journal of International Medical Research

117

33%  
experience with VSED

118



119

700 family physicians

ANNALS OF FAMILY MEDICINE • WWW.ANNFAMMED.ORG • VOL. 13, NO. 5 • SEPTEMBER/OCTOBER 2015

120

46%  
experience with VSED

121



122

255  
palliative care  
specialists

Hoeckstra, N. L., Strack, M., & Simon, A. (2015). Bewertung des freiwilligen Verzichts auf Nahrung und Flüssigkeit durch palliativmedizinisch und hausärztlich tätige Ärztinnen und Ärzte. [Assessment of the voluntary waiver of food and liquid by physicians working in palliative care and primary care]. *Zeitschrift für Palliativmedizin*, 16(02), 68-73. doi:10.1055/s-0034-138771

123

61%  
experience with VSED

124

not just **more**  
clinical experience

125



126

# professional society endorsements

127

## POSITION STATEMENT



### Nutrition and Hydration at the End of Life

**Effective Date:** 2017  
**Status:** Revised Position Statement  
**Written by:** ANA Center for Ethics and Human Rights  
**Adopted by:** ANA Board of Directors

128

## Austrian Palliative Society (OPG)

themenschwerpunkt

Wien Med Wochenschr  
<https://doi.org/10.1007/s10354-018-0629-z>



**wmw**  
 Wiener Medizinische Wochenschrift

### Freiwilliger Verzicht auf Nahrung und Flüssigkeit um das Sterben zu beschleunigen

Eine Stellungnahme der österreichischen Palliativgesellschaft (OPG)

Angelika Feichtner · Dietmar Welzler · Alois Birktbauer

Eingegangen: 6. September 2017 / Angenommen: 7. Februar 2018  
 © Springer-Verlag GmbH Austria, ein Teil von Springer Nature 2018

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JOURNAL OF PALLIATIVE MEDICINE  
 Volume 20, Number 1, 2017  
 Mary Ann Liebert, Inc.  
 DOI: 10.1089/jpm.2016.0290

## Position Statement

### International Association for Hospice and Palliative Care Position Statement: Euthanasia and Physician-Assisted Suicide

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American Medical Women's Association

131



e-SPEN guideline

ESPEN guideline on ethical aspects of artificial nutrition and hydration

Christiane Druml <sup>a,\*</sup>, Peter E. Ballmer <sup>b</sup>, Wilfried Druml <sup>c</sup>, Frank Oehmichen <sup>d</sup>,

132

Position Paper



### Ethical Aspects of Artificially Administered Nutrition and Hydration: An ASPEN Position Paper

Denise Baird Schwartz, MS, RD<sup>1</sup>; Albert Barrocas, MD<sup>2</sup>

Nutrition in Clinical Practice  
Volume 0 Number 0  
January 2021 1-14  
© 2021 American Society for Parenteral and Enteral Nutrition  
DOI: 10.1002/ncp.10633  
wileyonlinelibrary.com

WILEY

133



### THE SOCIETY FOR POST-ACUTE AND LONG-TERM CARE MEDICINE

134

more clinical guidance



135



Caring for people who consciously choose not to eat and drink so as to hasten the end of life

KRMG Royal Dutch Medical Association and VGNV Dutch Nurses' Association Guide



136

JAMA Internal Medicine | Special Communication | HEALTH CARE POLICY AND LAW

### Voluntarily Stopping Eating and Drinking Among Patients With Serious Advanced Illness—Clinical, Ethical, and Legal Aspects

Timothy E. Quill, MD; Linda Ganzini, MD, MPH; Robert D. Truog, MD; Thaddeus Mason Pope, JD, PhD

JAMA Internal Medicine January 2018 Volume 178, Number 1 123

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### Journal of the American Geriatrics Society

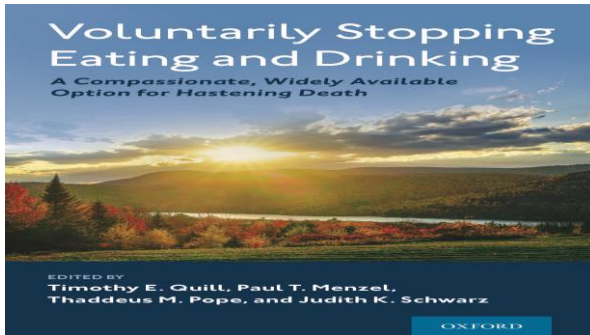


SPECIAL ARTICLE:  
PALLIATIVE PRACTICE POINTERS

### Voluntary Stopping Eating and Drinking

John W. Wax, MD, Amy W. An, MD, Nicole Kosier, MD, and Timothy E. Quill, MD

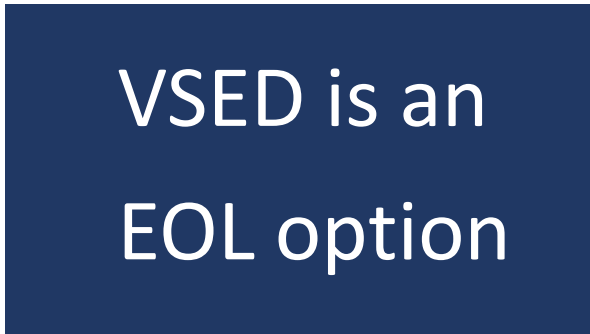
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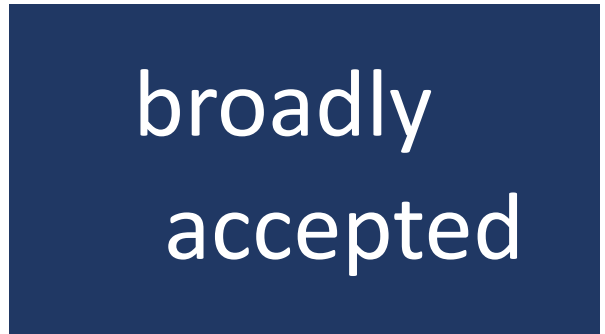
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144



VSED is  
legal

145

sizable, settled,  
and stable  
**consensus**

146

**5** points

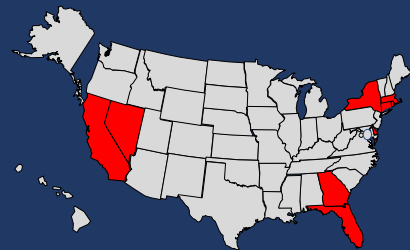
147

court  
precedent

148

**multiple**  
appellate  
decisions

149



150

**same** in other  
common law  
countries

151

**IN THE SUPREME COURT OF BRITISH COLUMBIA**

Citation: *Bentley v. Maplewood Seniors Care Society*,  
2014 BCSC 165

Date: 20140203  
Docket: S135854  
Registry: Vancouver

Between:

**Margaret Anne Bentley,  
by her Litigation Guardian Katherine Hammond,  
John Bentley and Katherine Hammod**

Petitioners

152

**SUPREME COURT OF SOUTH AUSTRALIA**

(Applications Under Various Acts or Rules: Application)

DISCLAIMER - Every effort has been made to comply with suppression orders or statutory provisions prohibiting publication that may apply to this judgment. The user remains on any person using material in the judgment to ensure that the intended use of that material does not breach any such order or provision. Further enquiries may be directed to the Registry of the Court in which it was generated.

**H LTD v J & ANOR**

[2010] SASC 176

Judgment of The Honourable Justice Kourakis

15 June 2010

153

is VSED legal?  
asked &  
answered

154

plus

155

**no need** for  
direct, explicit  
authority

156

**already** legal  
**existing** rules

157

**right** to refuse  
medical  
treatment

158

**right to  
refuse  
treatment**

159

ventilator  
dialysis  
CPR  
antibiotics  
feed tube

160

**right to  
refuse  
treatment**

**VSED**

161

**not DIY**

162

part of a broader  
**treatment** plan

163

**supervised** by  
licensed healthcare  
professionals

164

**recognized** as  
healthcare by  
medical profession

165

**more** position  
statements

166

**more** clinical  
practice  
guidelines

167

**but**

168

right to  
refuse **VSED**  
treatment

169

relies on  
**premise**

170

**oral** N&H =  
“treatment”

171

oral N&H **≠**  
“treatment”

172

basic care

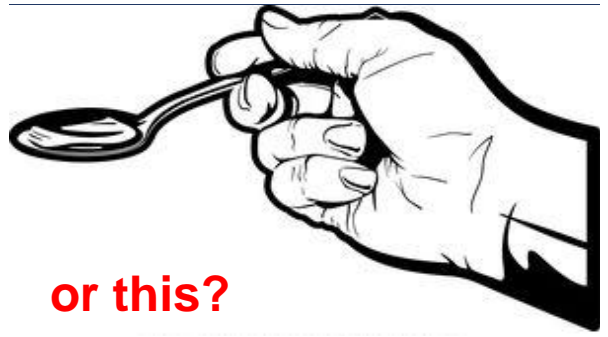
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174



175



176

yes

177

right to  
refuse **any**  
intervention

178

does **not** matter  
whether food & fluid  
by mouth is “**medical  
treatment**”

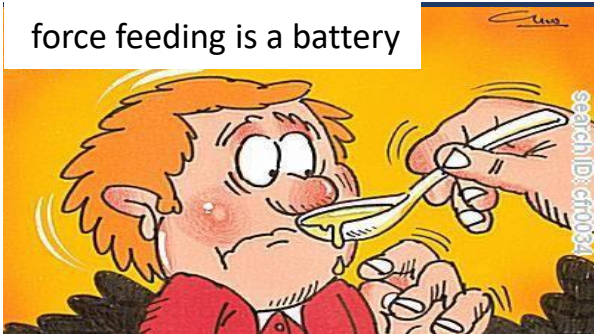
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right to refuse  
**any** intervention  
(medical **or not**)

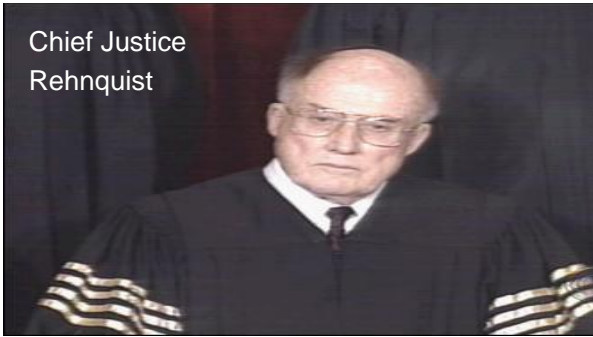
180

right to refuse  
**any**  
unwanted contact

181



182



183

“bodily integrity is violated . . . by sticking a **spoon in your mouth** . . . sticking a needle in your arm”

184

plus

185

medical profession  
**accepts** VSED

186

law **delegates & defers** to healthcare professionals

187

when medical profession says it is appropriate → law often **follows**

188

**no**  
sanctions

189

## Appendix E

### Personal Narratives

In this book, we presented nine original, never-before-published cases or VSED cases in Chapter 1 and one more in Chapter 2. We included others in Chapter 7. But we are not alone. Many individuals have written or their family member's experience with either VSED or SED. This appendix includes citations and links to these personal narratives. These are organized as follows: (1) books, (2) articles, (3) video and audio recordings, and (4)

190

used &  
reported

191

**no** liability  
**no** HC licensing  
board discipline

192



recap

193

VSED is  
legal

194

sizable, settled,  
and stable  
**consensus**

195

**limits**  
of VSED

196



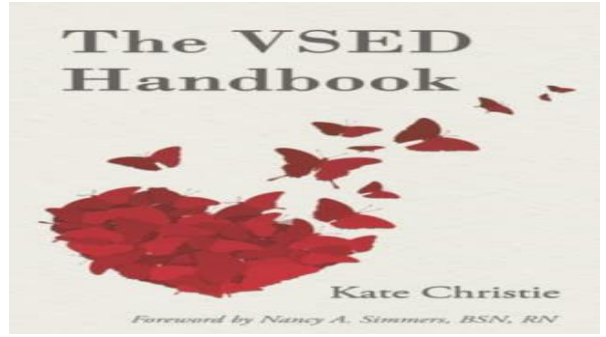
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many **used VSED**  
to avoid late-stage  
dementia

198



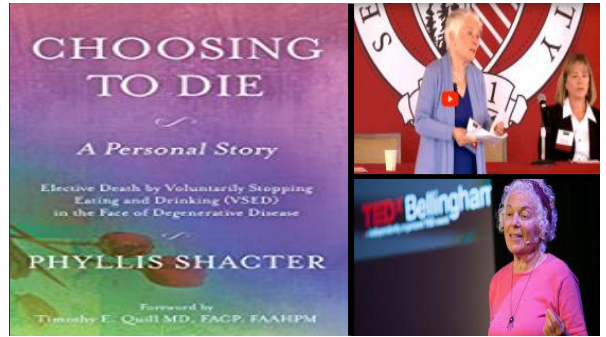
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204

VSED while  
**still** have  
capacity

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206

too **soon**

207

life **still**  
worthwhile

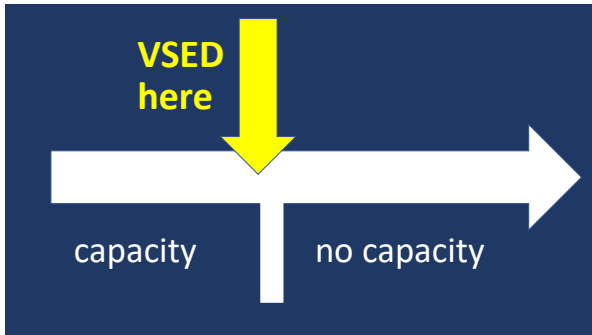
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earliness  
problem

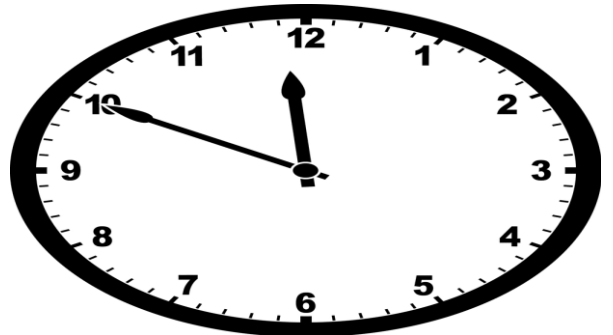
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211



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but

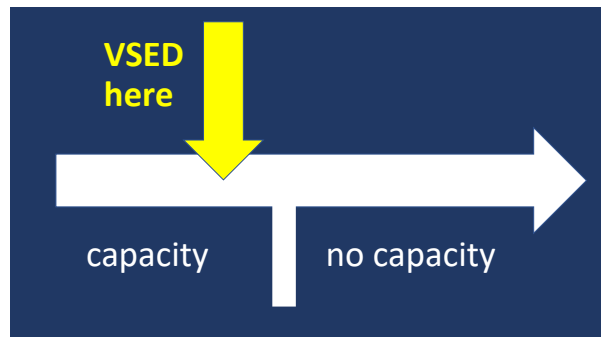
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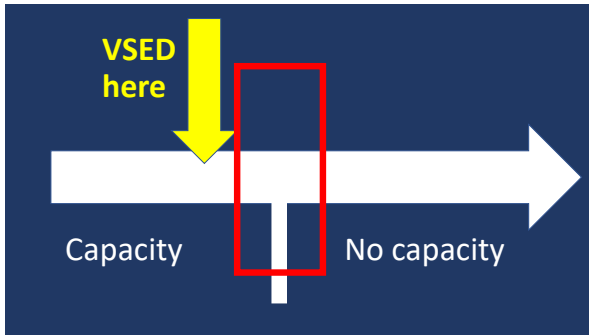
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216



217

premature  
dying

218

**current** situation  
still acceptable

219

VSED **not** a  
good option

220

at **that** time

221

**not** ready  
to die yet

222

concerned  
about **future**  
circumstances

223

**lack** capacity  
at future time

224



225



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228

# VSED AD

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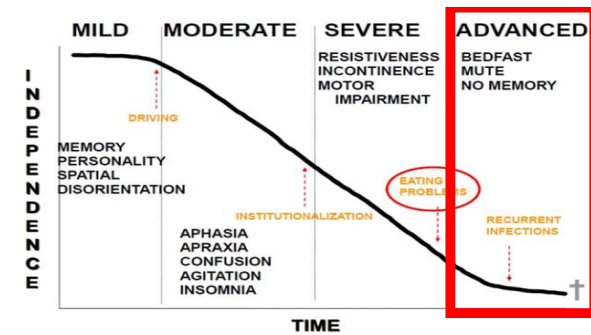
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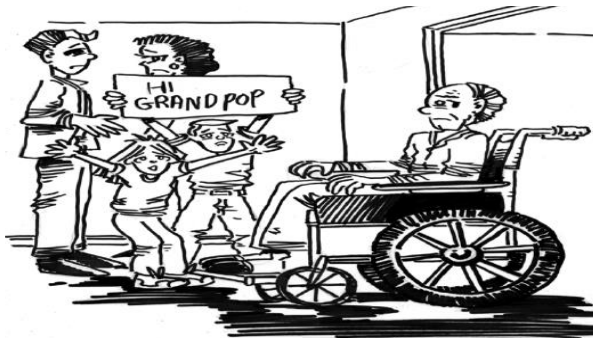
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# at point Pt specifies

235



236



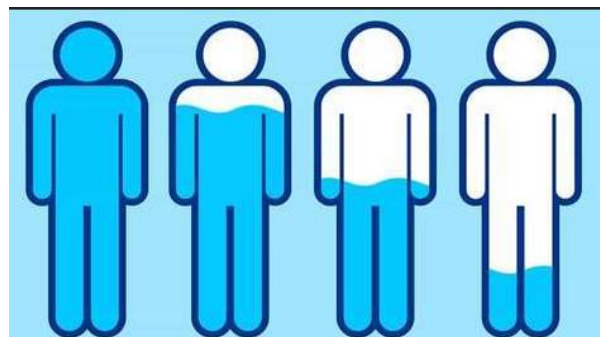
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238

FUNCTIONAL ASSESSMENT STAGING TEST (FAST) SCALE					
Stage	Stage Name	Characteristic	Stage	Stage Name	Characteristic
1	Normal Ageing	No deficits whatsoever	6a		Needs help putting on clothes
2	Possible Mild Cognitive Impairment	Subjective functional deficit	6b	Moderately Severe Dementia	Needs help bathing
			6c		Needs help toileting
3	Mild Cognitive Impairment	Objective functional deficit interferes with a person's most complex tasks	6d		Urinary incontinence
			6e		Faecal incontinence
			7a		Speaks 5-6 words during the day
4	Mild Dementia	Instrumental activities of daily living (ADLs) become affected, such as paying bills, cooking, cleaning, travelling	7b		Speaks only 1 word clearly
			7c	Severe Dementia	Can no longer walk
			7d		Can no longer sit up
			7e		Can no longer smile
5	Moderate Dementia	Needs help selecting proper attire	7f		Can no longer hold up hand

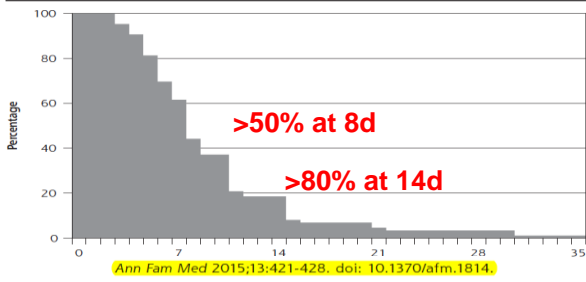
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240



Figure 1. Cumulative survival curve for duration until death after start of VSED.



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242



243

A Piece of My Mind

My Living Will

588 JAMA, February 28, 1996—Vol 275, No. 8

*I, William Arthur Hensel, being of sound mind, desire that my life not be prolonged by extraordinary means if my condition is determined to be terminal and incurable. I am aware and understand that this writing authorizes a physician to withhold or discontinue extraordinary means.*

basic of comfort, and nutritional care. Even a detailed living will that includes the refusal of all active treatments such as cardiopulmonary resuscitation, antibiotics, artificial nutrition, and hydration may be inadequate in such a situation. I do not want to become a vacant-looking body, reflexively swallowing food and water placed in my mouth, my soul frozen inside while my life

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245



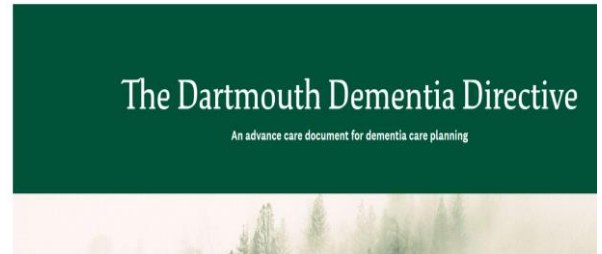
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247

DARTMOUTH

EXPL



248



**ABOUT THE ADVANCE DIRECTIVE FOR  
RECEIVING ORAL FOOD AND FLUIDS IN DEMENTIA**


249



250

**Dementia Provision  
Advance Directive Addendum**



 The following document can be added to any advance directive to provide guidance regarding consent to or refusal of certain therapies. Once completed, signed and witnessed, it should be kept with the advance directive.

251



252

Support and promote life quality



lifecircle | Living will & additional personal statement

253

NEVADA ADVANCE DIRECTIVE FOR ADULTS WITH DEMENTIA  
PAGE 7 OF 10

PART 2. END-OF-LIFE DECISIONS ADDENDUM STATEMENT OF DESIRES.

4. I want to get food and water even if I do not want to take medicine or receive treatment. YES  NO

255



**Introduction to our Supplemental  
Advance Directive  
For Dementia**

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NEVADA ADVANCE DIRECTIVE FOR ADULTS WITH DEMENTIA  
PAGE 7 OF 10

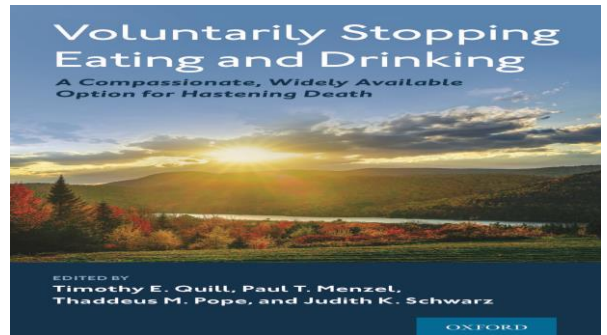
PART 2. END-OF-LIFE DECISIONS ADDENDUM STATEMENT OF DESIRES.

4. I want to get food and water even if I do not want to take medicine or receive treatment. YES  NO

256



257



258

I counseled  
on VSED ADs

259



260

1 “regular”  
AD

261

2 capacity  
at sign

262

3 clear on  
**what**

263

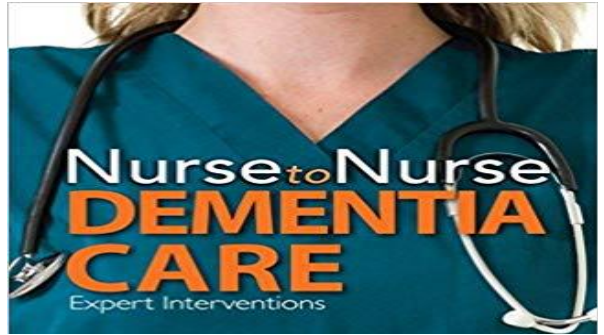


264



Margot Bentley

265



266

TO MY FAMILY, MY PHYSICIAN, MY LAWYER & ALL OTHERS WHOM IT MAY CONCERN

I, Margot Bentley, hereby declare that I am of legal mind and I am able to make my own decisions for my future. I wish to make a statement to stand as an expression of my wishes.

IF AT SUCH A TIME THE SITUATION SHOULD ARISE THAT I AM IN A PHYSICAL OR MENTAL STATE BY WHICH I AM NOT ABLE TO MAKE MY OWN DECISIONS FOR MY FUTURE, I DO ASK THAT MEDICATION BE RESPECTFULLY ADMINISTERED TO ME TO ALLEVIATE SUFFERING EVEN THOUGH THIS MAY SHORTEN MY REMAINING LIFE.

I MAKE THIS STATEMENT AFTER CAREFUL CONSIDERATION AND IS IN ACCORDANCE WITH MY CONVICTIONS AND BELIEFS.

I HEREBY ABSOLVE ALL WHO FOLLOW THESE INSTRUCTIONS, NO BEING FREE OF ONE LIABILITY IN PARTICULAR, I WOULD REQUEST THE FOLLOWING INSTRUCTIONS TO BE CARRIED OUT:

A. NO CHEMICAL OR MECHANICAL RESUSCITATION OF MY HEART WHEN IT HAS STOPPED BEATING.

B. NO NOURISHMENT OR LIQUIDS.

C. NO MECHANICAL RESPIRATION WHEN I AM NO LONGER ABLE TO SUSTAIN MY OWN BREATHING.

D. OTHER ~~INSTRUCTIONS~~ INSTRUCTIONS AS I MAY REQUEST.

I, John Bentley, as my proxy, do hereby certify that I am of legal mind and I am able to make my own decisions for my future. I wish to make a statement to stand as an expression of my wishes.

WITNESSES: John Bentley SIGNED: Margot Bentley  
RJ Clifford DATE: 10/24/19

267

NO NOURISHMENT OR LIQUIDS.

268



269



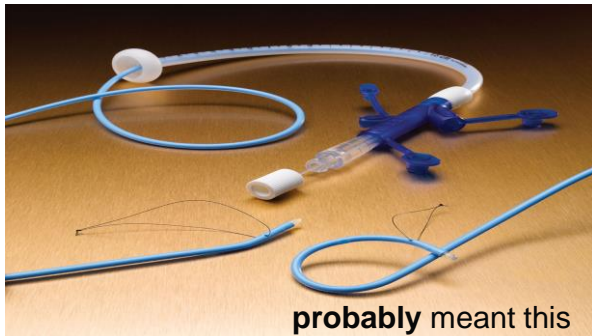
270

family **lost**

271

NO NOURISHMENT OR LIQUIDS.

272



273

family **unable**  
to enforce AD

274

be specific

275

**oral** food & fluids  
nutrition & hydration by **mouth**  
hand- feeding  
spoon- feeding  
normal feeding

276

be clear on  
**what** you want

277

**4** clear on  
**when**

278

**5** how  
**measure**  
when

279

**6** clear on  
why

280

**7** clear on  
where

281

**8** show  
understand

282

9 Ulysses clause

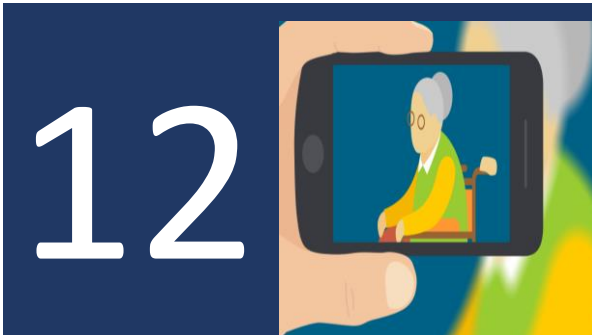
283

10 discuss agent

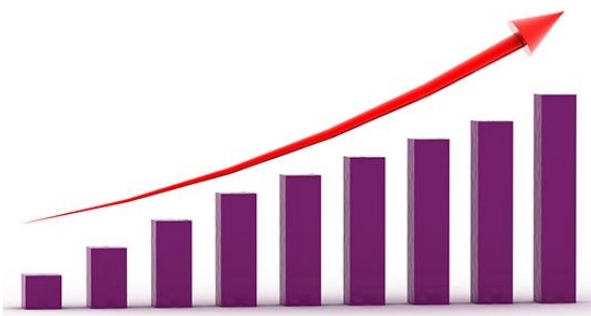
284

11 copies & registry

285



286



287

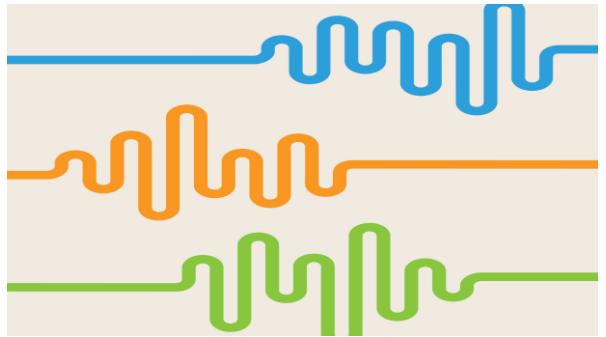
turn to  
law & ethics

288



# Legal

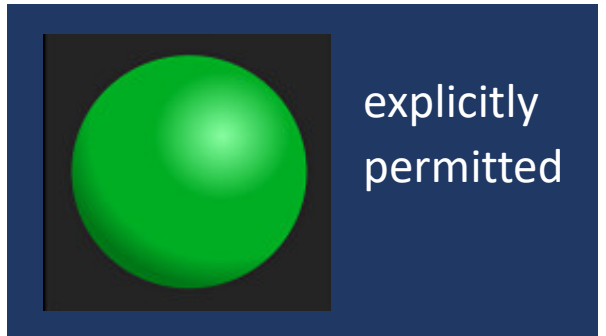
289



290



291



292



293

NEVADA ADVANCE DIRECTIVE FOR ADULTS WITH DEMENTIA  
PAGE 7 OF 10

PART 2. END-OF-LIFE DECISIONS ADDENDUM STATEMENT OF DESIRES.

4. I want to get food and water even if I do not want to take medicine or receive treatment. YES  NO

294



295

“health care”  
 “personal  
 circumstances”  
 Vermont § 9702(a)(12)

296

“services to assist  
 in activities of  
 daily living”  
 Vermont §§ 9702(a)(5), 9701(12)

297



298



299

ADs only for **HC**  
 ONH  $\neq$  HC  
 ADs **not** for ONH

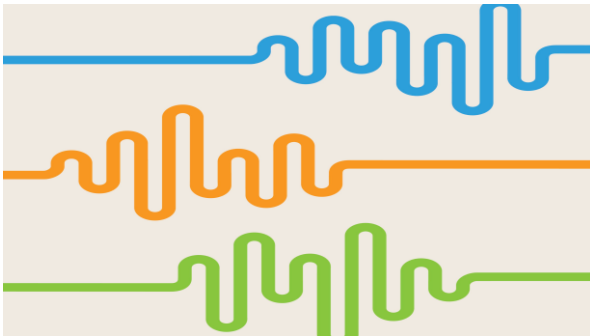
300



301



302



303

Province/Territory	Incompetent Oral
Newfoundland and Labrador	Legislation
Nova Scotia	Legislation
Prince Edward Island	Legislation
New Brunswick	Legislation
Quebec	Legislation
Ontario	Legislation
Manitoba	Legislation
Saskatchewan	Legislation
Alberta	Legislation
British Columbia	Legislation
Yukon	Legislation/Common Law
Northwest Territories	Legislation
Nunavut	Common Law

VCD as an alternative to MAD: A Pan-Canadian legal analysis  
Sarah Mader and Victoria Apod

304



305



306

patient **has**  
VSED AD

307

**now** has  
late-stage  
dementia

308

SO...

309

**time** to  
honor AD

310

but

311



312

big **challenge**  
for dementia  
directives

313

**whose** wishes  
do we respect?

314

prior self  
*or*  
current self

315

now patient  
*or*  
then patient

316

incapacitated  
**veto**

317



318

have patient  
**address** this  
in AD

319

**3** options

320

option **1**

321

“I want **my agent**  
to decide”

322

option **2**

323

VSED → **CFO**

324

Comfort Feeding Only: A Proposal to Bring Clarity to Decision-Making Regarding Difficulty with Eating for Persons with Advanced Dementia

*J Am Geriatr Soc.* 2010 March ; 58(3): 580-584.

Eric J. Palecek, MSIV<sup>†</sup>, Joan M. Teno, MD, MS<sup>†</sup>, David J. Casarett, MD, MA<sup>‡</sup>, Laura C.

325



326



327



328



329



330

Ulysses  
clause

331

**ignore** my  
future self

332

**stick** to VSED  
plan in the AD

333

“no hand feeding  
**even if** I appear to  
cooperate by opening  
my mouth”

334



335

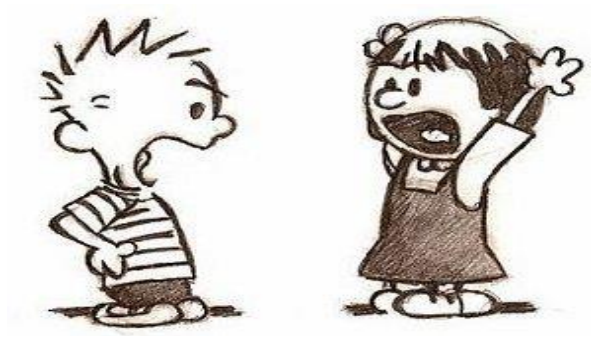
with Ulysses,  
**prior self**  
prevails

336



but

337



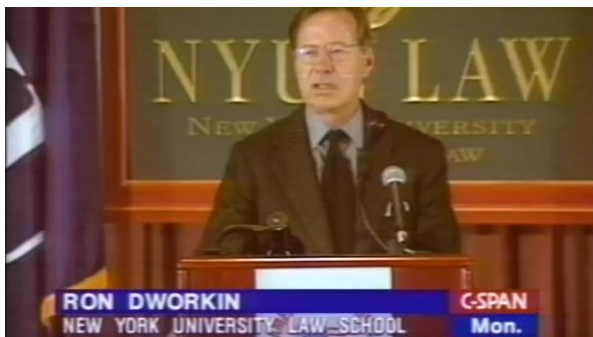
338

1990s

339



340



341

2020s


342



343



344

 BRITISH COLUMBIA | Ministry of Health

**1645**  
2021/03/18

**Medical Assistance in Dying**  
**WAIVER OF FINAL CONSENT** HLTH 1645 PAGE 1 OF 2

**If the Requestor loses capacity and MAID is administered** in accordance to the terms of this agreement, Prescriber must fax this and all required forms to the BC Ministry of Health at 778-698-4678 and to the health authority MAID Care Coordination Service (if required) **within 72 hours** of confirmation of requestor's death. Retain original in requestor's health records.

Written arrangement between the Requestor named below and the MAID Prescriber na with section 241.2(3.2) of the Criminal Code of Canada (The waiver of final consent is ONL reasonably foreseeable)

345

“words, sounds or gestures ... refusal”

346



347

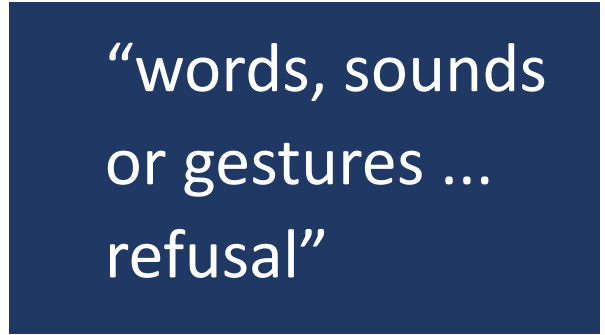


348



Marinou  
Arends

349



“words, sounds  
or gestures ...  
refusal”

350



351



352



353



354



355

2019

356

duties to  
**current self**  
are primary

357

**despite**  
VSED directive

358

2022

359

**follow** AD despite  
current best interest  
assessment

360

# Conclusion

361

# demand for VSED AD

362

The collage includes several documents and logos related to dementia advance directives:
 

- Dartmouth:** "The Dartmouth Dementia Directive" with the subtitle "An advance care document for dementia care planning".
- End of Life Choices (New York):** "ABOUT THE ADVANCE DIRECTIVE FOR RECEIVING ORAL FOOD AND FLUIDS IN DEMENTIA".
- Washington:** "end of life WASHINGTON" with the tagline "Your life. Your death. Your choices." and a section for "PART 2. END-OF-LIFE DECISIONS ADDENDUM STATEMENT OF DESIRES".
- Dementia Provision:** "Dementia Provision Advance Directive Addendum" with a note: "The following document can be added to any advance directive to provide guidance regarding consent to or refusal of certain therapies. Once completed, signed and witnessed, it should be kept with the advance directive." and a logo for "compassion & choices".
- Exit:** "exit VEREINIGUNG FÜR HUMANES STERBEN DEUTSCHE SCHWEIZ" and "Final Exit NETWORK".
- Other logos:** "Support and practice the quality of life" and "Epic".

363

# but

364



365

# little guidance courts, regulators

366

**few** institutional policies & procedures

367



368



369

*Palliative Care & Social Practice* Review

### Voluntary stopping of eating and drinking in the age of medical assistance in dying: ethical considerations for physicians

Peter Allatt, Daniel D.M. Kim and Philip Hébert

*Palliative Care & Social Practice*  
2022, Vol. 16: 1-10  
DOI: 10.1177/2632253221112170  
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370

**contrast**  
**MAID**

371

A collage of three documents related to medical aid in dying (MAID). The top left document is from the Colorado Hospital Association (CHA) titled "A Hospital Guide to the Colorado End-of-Life Options Act, Version 2.0, December 2016". The top right document is from MAiD Health titled "The Role of Care for Those Seeking Medical Aid in Dying". The bottom document is from the American Nurses Association (ANA) titled "The Nurse's Role When a Patient Requests Medical Aid in Dying".

372



373



Bewust stoppen met eten en drinken

Dutch Association for Voluntary End of Life

**NVVE**

374



375

**Thaddeus Mason Pope, JD, PhD, HEC-C**  
 Mitchell Hamline School of Law  
 875 Summit Avenue  
 Saint Paul, Minnesota 55105  
 T 651-695-7661  
 C 310-270-3618  
 E Thaddeus.Pope@mitchellhamline.edu  
 W www.thaddeuspope.com  
 B medicalfutility.blogspot.com

376

materials from this presentation are available

*<http://thaddeuspope.com/vsed>*

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