#### Facebook Can Help You Die - Better

**Thaddeus Mason Pope**, J.D., Ph.D.

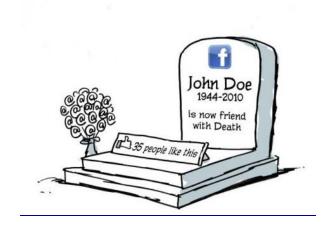
Amarillo College Creative Mind Lecture Series 2013

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#### **Bioethics**









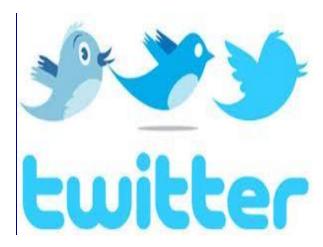
## Public policy Practical

5 problems with planning for death

How social media can fix the problem

- 1. Organ donation
- 2. Wills
- 3. Advance Directives
- 4. Surrogate / Agent
- 5. Afterlife









### Organ Donation

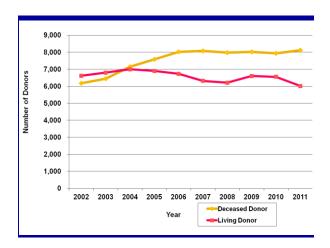
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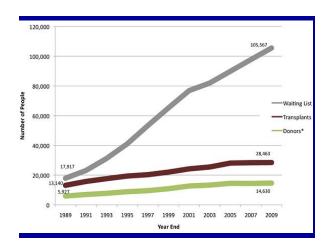
All	106,842
Kidney	84,295
Pancreas	1,467
Kidney/Pancreas	2,190
Liver	15,931
Intestine	243
Heart	3,153
Lung	1,831
Heart/Lung	72

### 4500 die every day waiting

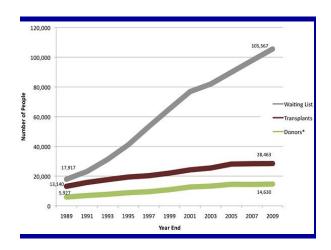
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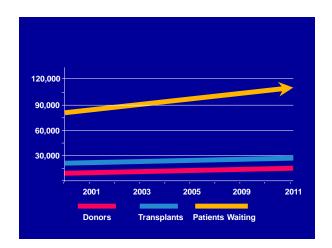
Prevention
Devices
Xenotransplantation
Stem cell
Transplant tourism







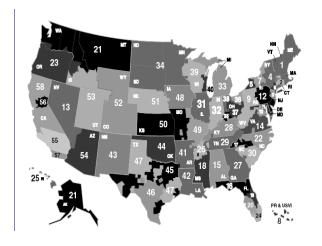








#### Benefit #1





# Benefit #2





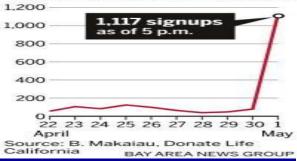




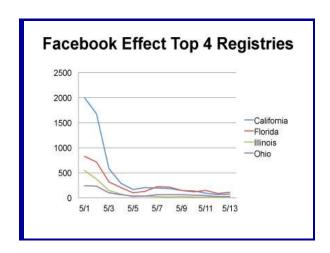


#### Surge in donors

Facebook offered a link to organ donor organizations Tuesday, prompting a big spike in online signups at Donate Life California.

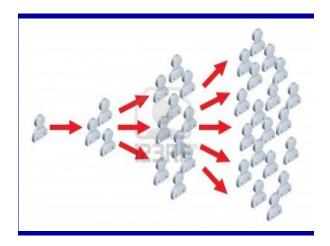












#### Benefit #3

41

#### **UNIFORM ANATOMICAL GIFT ACT (1987)**

Drafted by the

NATIONAL CONFERENCE OF COMMISSIONERS ON UNIFORM STATE LAWS

and by it

APPROVED AND RECOMMENDED FOR ENACTMENT IN ALL THE STATES

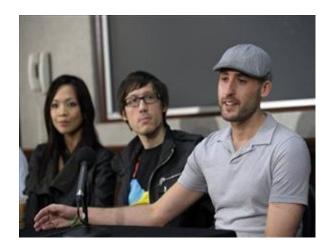
#### Benefit #4







"Wishing a kidney would fall out of the sky so my husband can stop suffering. So if anyone knows of a live donor with type O blood, PLEASE let me know."



#### Benefit #5

4

#### Raising Money for Kidney Transplant: Through Music and In is on Facebook.

To connect with Raising Money for Kidney Transplant: Through Music and Info., sign



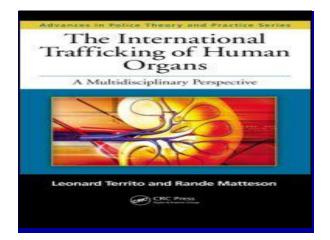
Sign Up Log In

Raising Money for Kidney Transplant: Through Music and Info.

Community Page about Kidney transplantation

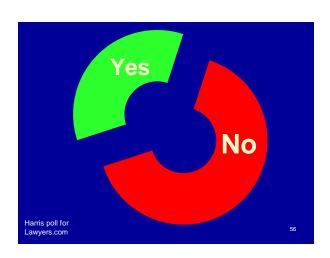


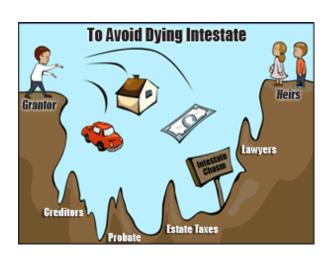




#### Estate Plans









# Have you completed a will?









### Advance Directive

6

71%: "More important to enhance the quality of life for seriously ill patients, even if it means a shorter life."

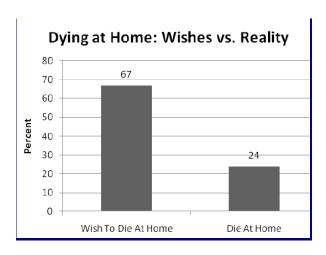
National Journal (Mar. 2011)

#### Question and Responses<sup>a</sup>

Public, % (n=1006)

If doctors believe there is no hope of recovery, which would you prefer?

Life-sustaining treatments should be stopped and should focus on comfort 72.8

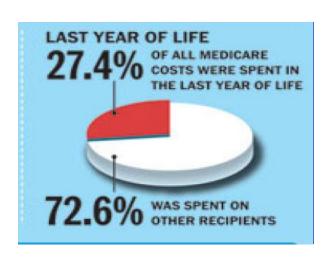












#### More technology is the default

#### Patient must opt out

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#### **Advance directive**

Document that instructs health care providers about your care when you cannot

#### Directive to Physicians and Family or Surrogates

Advance Directives Act (see §166.033, Health and Safety Code)

This is an important legal document known as an Advance Directive. It is designed to help you communicate your wishes about medical treatment at some time in the future when you are unable to make your wishes known because of illness or injury. These wishes are usually based on personal values. In particular, you may want to consider what burdens or hardships of treatment you would be willing to accept for a particular amount of benefit obtained if you were seriously ill.

#### "Springing"

**Only** effective when you lack capacity



#### Please check appropriate boxes:

- Cardiopulmonary resuscitation (chest compressions, drugs, electric shocks, and artificial breathing aimed at reviving a person who is on the point of dying).
- 2. Major surgery (for example, removing the gall-bladder or part of the colon).
- 3. Mechanical breathing (respiration by machine, through a tube in the throat).
- 4. Dialysis (cleaning the blood by machine or by fluid passed through the belly).
- 5. Blood transfusions or blood products.
- 6. Artificial nutrition and hydration (given through a tube in a vein or in the stomach).
- 7. Simple diagnostic tests (for example, blood tests or x-rays).
- 8. Antibiotics (drugs used to fight infection).
- 9. Pain medications, even if they dull conscious-ness and indirectly shorten my life.

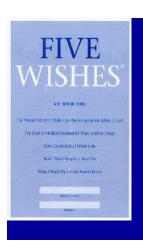
I want	treatment tried. If no clear improvement, stop.	I am undecided	I do not want
	Not applicable		
	Not applicable		
	Not applicable		
	Not applicable		
	Not applicable		
	Not applicable		

#### Goals Values QOL **Priorities**

#### What makes your life worth living?

How would you like to spend your last days?

What are your spiritual beliefs that might affect treatment choices?

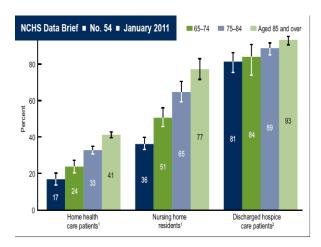












Do you have an advance directive with healthcare instructions?



# TexasLivingWill.org http://www.facebook.com/TLW.ORG







## Appoint Surrogate



#### Medical Power Of Attorney

Advance Directives Act (see §166.164, Health and Safety Code)

#### Designation of Health Care Agent:

l,	(insert your name) appoint:		
Name:			
Address:			
	Phone:		

as my agent to make any and all health care decisions for me, except to the extent I state otherwise in this document. This medical power of attorney takes effect if I become unable to make my own health care decisions and this fact is certified in writing by my physician.

## Statement of First Witness I am not the person appointed as agent by this document. I am not related to the principal by blood or marriage. I would not be entitled to any portion of the principal's estate on the principal's death. I am not the attending physician of the principal or an employee of the attending physician. I have no claim against any portion of the principal's estate on the principal's death. Furthermore, if I am an employee of a health care facility in which the principal is a patient, I am not involved in providing direct patient care to the principal and am not an officer, director, partner, or business office employee of the health care facility or of any parent organization of the health care facility. Signature:

Print Name: \_\_\_\_\_ Date: \_\_\_\_\_

## Have you appointed a healthcare surrogate?

92

Spouse
Adult children
Parents
Nearest living relative

#### **Surrogate must comply**

Written instructions

Values & preferences

**Best interests** 

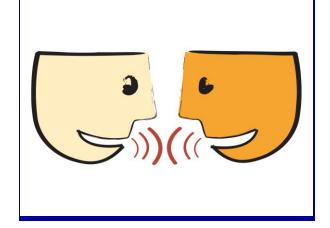
94

#### 66% accurate

50% = pure chance

Moorman & Carr 2010	62%
Barrio-Catelejo et al. 2009	63%
Shalowitz et al. 2006	<b>58%</b>





## Risks Challenges





The America I know and love is not one in which my parents or my baby . . . will have to stand in front of Obama's "death panel"



Lie of the Year: "Death Panels"





113TH CONGRESS H. R. 1173	
To amend the Social Scenrity Act to provide for coverage of voluntary advance care planning consultation under Medicare and Medicaid, and for other purposes.	
IN THE HOUSE OF REPRESENTATIVES  MARCH 14, 2013  Mr. BLUMENAUER (for bimself, Mr. HANNA, Mr. ROE of Tennessee, Mr. REED, Ms. SCHWAITZ, Mr. KIND, Mr. GEORGE MILLER Of California, Mr. McDernsofty, Mr. Beland of California, Ms. SCHAROWSEK, and Mrs. and Mrs. Committee on Energy and Commerce, and in addition to the Committee on Ways and Means, for a period to be subsequently determined by the	
Speaker, in each case for each cross-term of such provisions as fall within the Jurisdiction of the committee concerned	
A BILL  To amend the Social Security Act to provide for coverage of voluntary advance care planning consultation under Medicard, and for other purposes.	
1 Be it enacted by the Senate and House of Representa- 2 tives of the United States of America in Congress assembled,	
4 (a) SHORT TITLE.—This Act may be cited as the 5 "Personalize Your Care Act of 2013".	
5 "Personalize Your Care Act of 2013".	
5 "Personalize Your Care Act of 2013".	
Education  Communication	
Education	
Education Communication Social pressure	
Education  Communication	

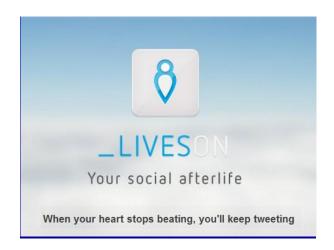
Reminder to clinician

6 times more likely to discuss











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