Medical Futility: Recent Legal Developments

Thaddeus Mason Pope, J.D., Ph.D. Widener University Health Law Institute HCA webinar ● November 7, 2011

Define "medical futility dispute"

Identify causal factors

Intramural resolution

2

Intractable cases

Typical pathway

Recent court cases

Surrogate replacement

Limits of surrogate replacement

What is a medical futility

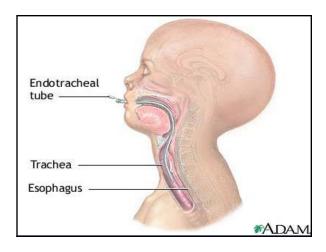
dispute?

TRINITAS
Regional Medical Center

Click here for more information

January 2008

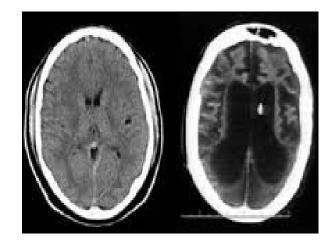
Ruben Betancourt 73yo male Surgery - thymus gland tumor



January - July 2008
Other facilities

July 2008

Readmitted to Trinitas



COPD ESRD

Hypertensive cardiovascular disease

11

Stage 4 decubitus ulcers

Osteo- myeletitus

Diabetes

Parchment- like skin

"It all seems to be **ineffective**. It's not getting us anywhere."

"We're allowing the man to lay in bed and really deteriorate."

13

Proposed Tx plan

DNAR

Stop dialysis

14

Surrogate

Daughter Jacqueline

Late 2008 Multiple family conferences Surrogate will not consent

| | D: Palliative | D: Curative |
|--------------------|---------------|-------------|
| P/S: Palliative | 1 | 2 |
| P/S: Curative | 3 | 4 |

| Question and Responses ^a | Public, % (n=1006) | Professionals, % (n=774) |
|--|-----------------------|-----------------------------|
| Do patients have the right to demand care that doctors think will not help? Yes | 72.4 | → 44.3 |
| No | 20.2 | 44.8 |

| Question and Responses ^a | Public, % (n=1006) | Professionals, % (n=774) |
|--|-----------------------|--------------------------|
| If doctors believe there is no hope of recovery, which would you prefer? | | |
| Life-sustaining treatments should be stopped and should focus on comfort | 72.8 | 92.6 |
| All efforts should continue indefinitely | 20.6 | 2.5 |

| Question and Responses ^a | Public, % (n=1006) | Professionals, % (n=774) |
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Causal Factors

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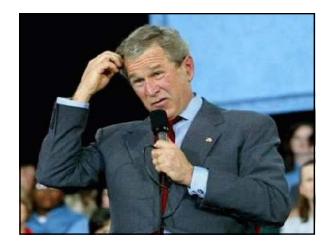
- Surrogate demand
- 2. Provider resist

23

Why surrogates demand non-beneficial treatment?

Misunderstand Prognosis

25



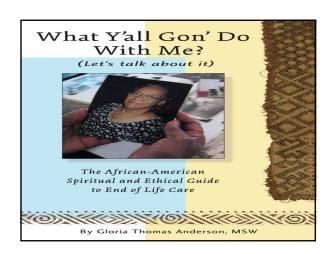
latrogenic

Inadequate communication
Uncoordinated, conflicting
Undue pressure

Mistrust









Emotional Barriers

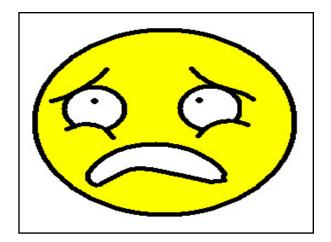




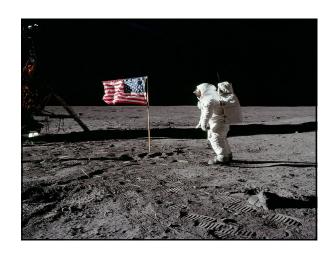


Psychological Barriers

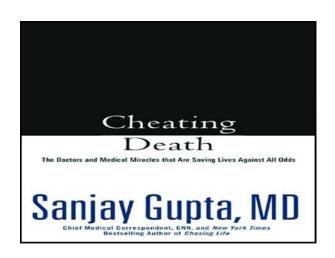
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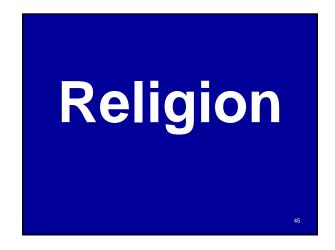










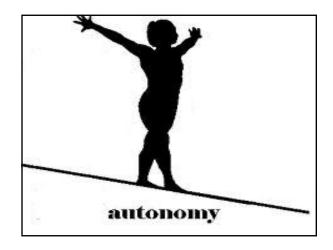




| Question and Responses ^a | Public, % (n=1006) | Professionals, % (n=774) |
|--|-----------------------|--------------------------|
| If the doctors treating your family member said futility had been reached, would you believe that divine intervention by God could save your family member? | | |
| Yes No | 57.4 35.5 | 19.5 61.1 |

"religious grounds were more likely to request continued life support in the face of a very poor prognosis"

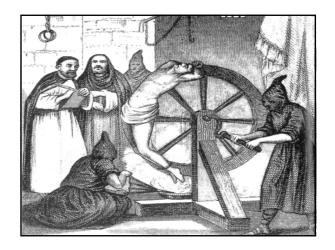
Zier et al., 2009 *Chest* 136(1):110-117



Why providers resist

50

Avoid patient suffering



"This is the
Massachusetts
General Hospital,
not Auschwitz."

53

"I do not see much difference between what we are doing ... and ... atrocities ... in Bosnia."

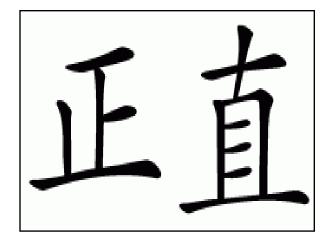
Moral distress



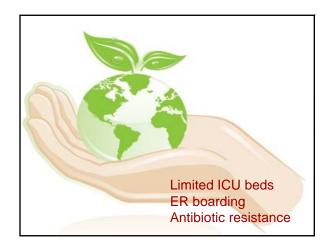
| ELSE | INTER | w.elsevierhealth. | .com/zournals/ |
|------|---|-------------------|----------------|
| The | e relationship between moral distr rception of futile care in the critic | ess an al care | d unit |
| Meli | nda J. Mobley*, Mohamed Y. Rady*,*, Joseph L. V vesh Patel*, Joel S. Larson* | erheijde | ь, |
| 1, | Follow the family's wishes for the patient's care when I do not agree with | 41 (93) | 29 (66) |
| | them but do so because hospital administration fears a lawsuit | | |
| 2. | Follow the family's wishes to continue life support even though it is not in the | 42 (95) | 39 (89) |
| | best interest of the patient | | |
| 3. | Carry out a physician's order for unnecessary tests and treatment | 43 (98) | 32 (73) |
| 5. | Initiate extensive life-saving actions when I think it only prolongs death | 44 (100) | 38 (86) |
| | → Adverse impact on patient c | are | 57 |

Integrity of profession

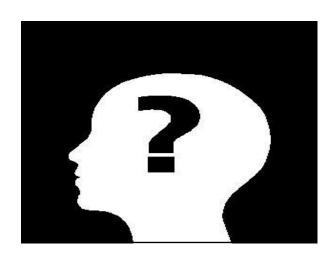
58



Stewardship



Distrust surrogate



66% accurate

50% = pure chance

64

| Moorman & Carr 2010 | 62% |
|--------------------------------|-----|
| Barrio-Catelejo et al. 2009 | 63% |
| Shalowitz et al. 2006 | 58% |

Even lower

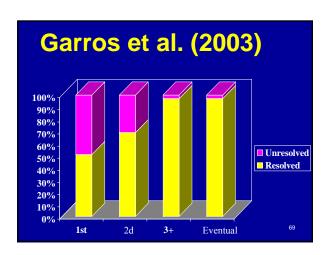
when most needed intermediate zones

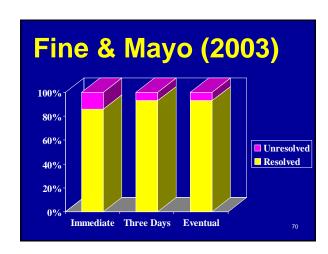
Typical dispute resolution pathway

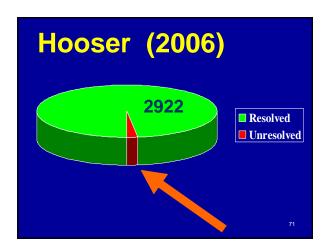
67

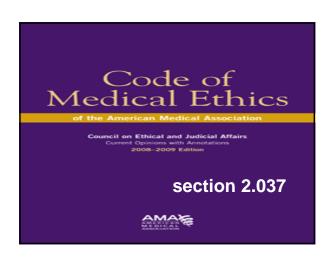
Prendergast (1998)

57% agree immediately90% agree within 5 days96% agree after more meetings



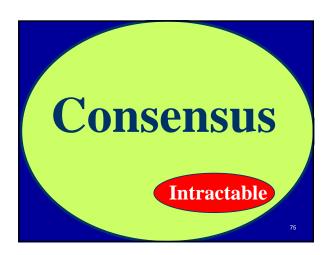






- Earnest attempts . . .
 deliberate . . .
 negotiate . .
- 2. **Joint** decision-making . . . maximum extent . .

- 3. Attempts . . . negotiate . . . reach resolution . . .
- 4. Involvement . . . ethics committee . . .



Intractable cases

Typical resolution

76



"Remove the ___, and I will sue you."

Perceptions of "futile care" among caregivers in intensive

Robert Sibbald MSc, James Downar MD, Laura Hawryluck MD MSc CMAJ 2007;177(10):1201-8

"Why they follow the . . . SDMs instead of doing what they feel is appropriate, almost all cited a lack of legal support."

Bad law





Legal Risk

83

Civil liability

Battery
Medical malpractice
Informed consent
State HCDA
EMTALA

Licensure discipline

Criminal liability *e.g.* homicide

85

Providers have won almost every single damages case for unilateral w/h, w/d

86

Providers typically lose only **IIED** claims

Secretive

Insensitive

Outrageous

Risk > 0

Process = punishment

Even prevailing parties pay transaction costs

Time

Emotional energy

89

Liability averse

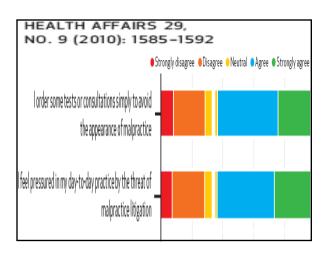
Litigation averse

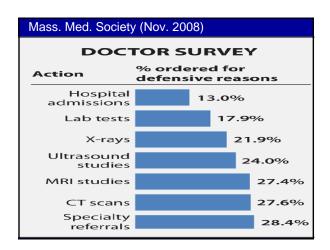
Easier to cave-in

Patient will die soon
Provider will round off
Nurses bear brunt

91

Defensive Medicine





| J Am Geriatr Soc 58:533–538, 2010. Factor | Extremely or Very Important | Most Important of All Factors Listed |
|--|--------------------------------|---|
| Patient's prognosis | 98.5 | 12.0 |
| What was best for the patient overall | 98.1 | 33.2 |
| Respecting the patient as a person | 96.6 | 5.4 |
| Patient's pain and suffering | 94.6 | 12.5 |
| What the patient would have wanted you to do | 81.8 | 29.4 |
| Providing the standard of care | 81.5 | 2.2 |
| Respecting the wishes of the family or surrogate(s) | 80.9 | 3.3 |
| Following the law | 68.6 | 1.1 |
| The burden on the family | 44.8 | 0 |
| Religious beliefs of the patient | 35.3 | 0 |
| Religious beliefs of the family or surrogate(s) | 28.6 | 0 |
| Cost to society of caring for the patient | 14.2 | 0 |
| Physician's religious beliefs | 10.7 | 0 |
| Concerns about paying for | 9.3 | 0 |
| medical care | | |
| Concem that the surrogate(s) might sue | 8.4 | 1.1 |

Cost to society Quality & safety of patient

Medical push for right to object

97

Resolution 505-08 TITLE: LEGAL SUPPORT FOR NONBENEFICIAL TREATMENT DECISIONS

Author: H Hugh Vincent, MD; William Andereck, MD

Introduced by: District 8 Delegation

Endorsed by: District 8 Delegation

Reference Committee

October 4-6, 2008

This resolution constitutes a proposal for consideration by the California Medical Association House of Delegates and does not represent official CMA policy.

WHEREAS, it is still common for physicians who feel non-beneficial or futile treatments are being provided or considered to feel threatened by legal action by the patient's family or other surrogates, and thus continue to provide such care against their best medical judgment; and

WASHINGTON STATE MEDICAL ASSOCIATION Resolution: C-5 (A-09) Subject: Legal Protection for Physicians When Treatment is Considered Futile Introduced by: King County Medical Society Delegation Referred to: Reference Committee C WASHINGTON STATE MEDICAL ASSOCIATION HOUSE OF DELEGATES Resolution: A-2 Subject: WSMA Opinion on Medical Futility in End-of-Life Care Shane Macaulay, MD, Delegate Introduced by: WSMA Board of Trustees Referred to: Reference Committee A

RESOLUTION 1 - 2004

(read about the action taken on this resolution)

Subject: Futility of Care

Introduced by: Michael Katzoff, MD and the Medical Society of Milwaukee County

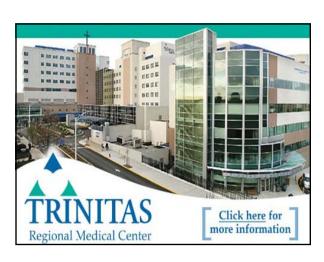
RESOLVED, That the Wisconsin Medical Society, concurrent with a recommendation of the American Medical Association, Medical Futility in End-of-Life Care policy E-2.037, supports the passage of state legislation which establishes a legally sanctioned extra-judicial process for resolving disputes regarding futile care, modeled after the Texas Advanced Directives Act of 1999.











Late 2008

Try to transfer

No facility willing

106

January 2009

Unilateral DNAR

Remove dialysis port

107

January 2009

Jacqueline files

Court issues TRO

| Courts almost always |
|-------------------------|
| grant temporary |
| injunctions to preserve |
| the status quo |
| |

109

But litigation is **slow**

Patients often die before adjudication of the merits

110

February 2009

Evidentiary hearings

Medical experts

Family members

March 2009

Permanent injunction

112

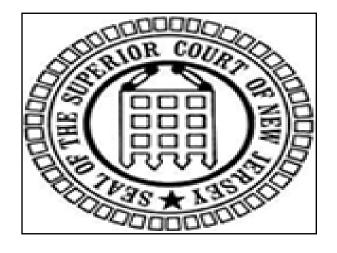
April 2010

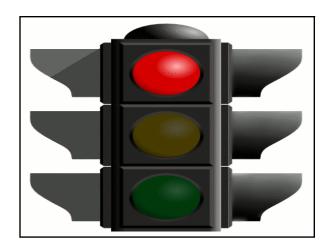
NJHA GNYHA MSNJ CHPNJ NJP

113

August 2010

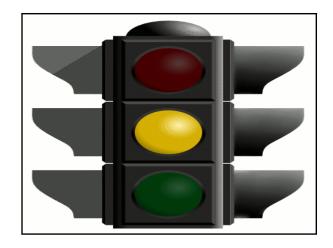
Appeal dismissed

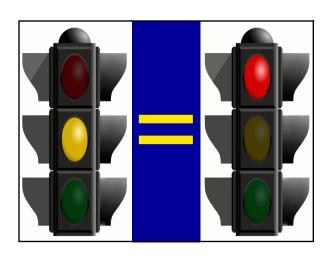






Treat 'til transfer





Surrogate Selection





| 85-year-old |
|-----------------------------|
| Irreversible dementia |
| End-stage kidney failure |
| Chronic respiratory failure |

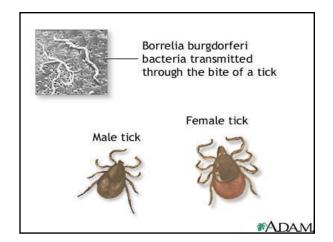
Recurrent pneumonia and infections Dependent on ventilator Dependent on CANH



Dialysis will not improve or lengthen life **Unethical** and

painful





Appoints Lana Appears silent as to Al's wishes

Act in accord

Prior instructions

Preferences + wishes

Best interests

130

Making Medical Decisions for Someone Else:

A How-To Guide



The American Bar Association Commission on Law and Aging



Guide For Healthcare Agents & Surrogate Decision-Makers

Making decisions for patients who can't speak for themselves

Try to transfer

But Al **already** at 10 other hospitals

80 ambulance transports

133



"substantial harm"

"inappropriate"

"unnecessary"

"harmful"

"painful"

1993 advance directive

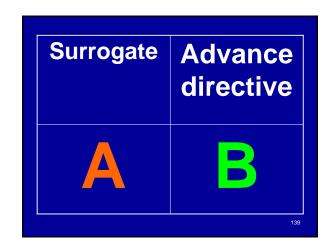
"allowed to die and **not** be kept alive by artificial medical means or heroic measures"

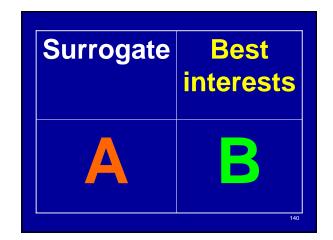
136

1994 advance directive

Appointed son
(by earlier marriage)
to be agent









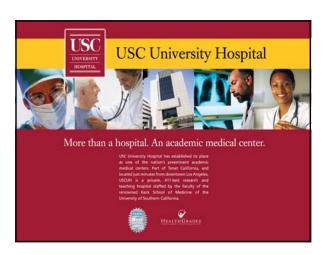
Court to surrogate:

"Your own personal issues are impacting your decisions"

"Refocus your assessment"

142

Not just an option, an obligation



Pascentia McDonald 74yo

Aug. 14, 2002

Surgery thoraco-abdominal aneurysm

145

Advance directive

- 1. Bobby Miles is agent
- Cynthia Cardoza is alternate agent
- 3. "Do **Not** prolong life if incurable condition"

146

Aug. 14-30

Post-op infections

Aug. 30

Sepsis

Non-cognitive

Sept. 1-16

Bobby

Continue LSMT

3 more surgeries

Cynthia

Disagrees

148

Sept. 17

Cynthia

Threatens to sue

USC stops

Pascentia dies

149

Probate Code 4740 immunizes providers who "in good faith comply with . . . decision made by one whom they believe authorized . . ."



"Compliance with an agent's decision that is at odds with the patient's own expressed decision, in her AHCD, would probably not qualify as in good faith."

The agent (Bobby) was not authorized to depart from AD.

USC should have known that.

"This case does not provide the appropriate platform . . ."

154



Limits of surrogate replacement

Without evidence of patient wishes, providers cannot show deviation

157

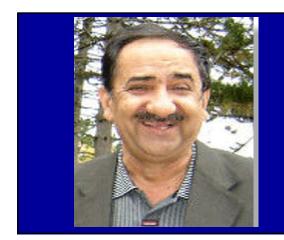


Surrogates are often faithful to patient wishes



Consent and Capacity Board





October 2010

Surgery to remove benign tumour in head

Bacterial meningitis and ventriculitis

163

Severe brain damage

ICU - vent + CANH

PVS

164

"No realistic hope recovery"

"No medical benefit"

"May cause harm"



Many conferences

Wife

Physician from Iran
Does **not** consent

Tried to transfer



withdrawal of LST violates a tenet of the Shia Muslim faith

169



Plan unilateral withdraw

Wife moves to enjoin

Docs argue they do not need consent

Not "treatment"
No benefit
Outside standard care







Intractable conflicts





