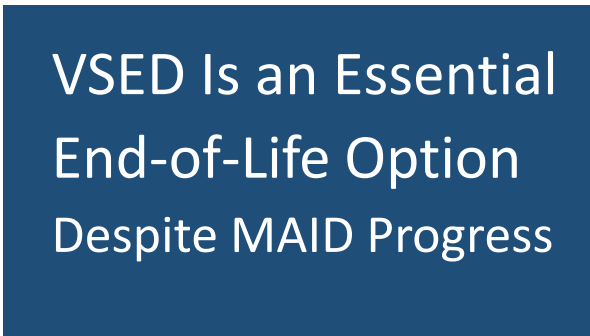




1



2



3



4



5



6

different
EOL option

7

VSED

8

Voluntarily
Stopping
Eating &
Dinking

9



10

Marie
Fleming



11

Cúirt Uachtarach na hÉireann
Supreme Court of Ireland



12



13

“there is **no** constitutional right to commit suicide”

14



15

still hastened her death

16

not
MAID

17

backup
option

18

2nd
choice

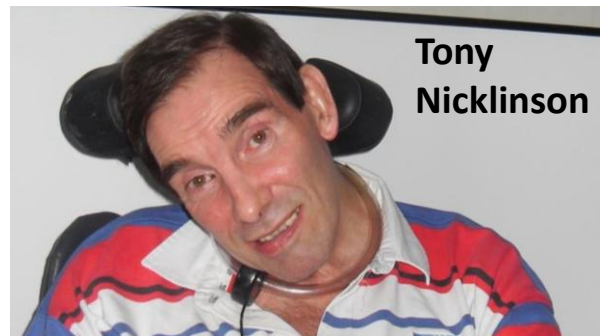
19

VSED

20

other
advocates

21



22



23



24

VSED

25



26



27



28

VSED

29

2021

30



31



32



33



34



35



36

lawyers

37



Monica
Cooke

Somerset
magistrate

38

maths
teachers

39



Jean
Davies

40

mother
of MSP

41



Elena
Whitman

42

even the
aristocracy

43



44



45



46



47



48



49



50



51

no MAID available → VSED

52

roadmap

53

2 parts

54

what is
VSED?

55

VSED matters
even when MAID
authorized

56

what is
VSED?

57

patient **with**
capacity

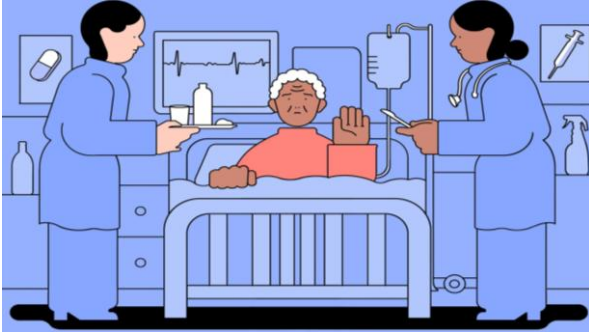
58

able to take food
& fluid by mouth

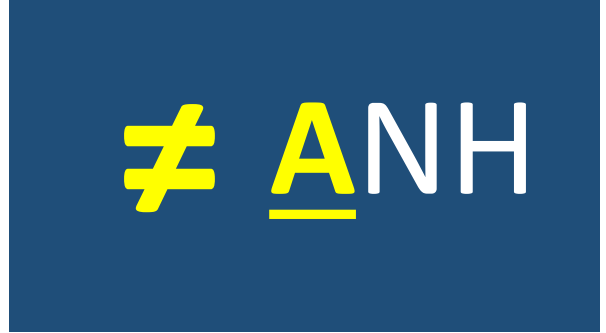
59

voluntary
decision
to stop

60



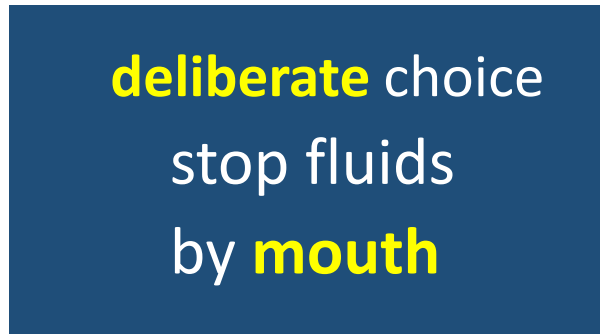
61



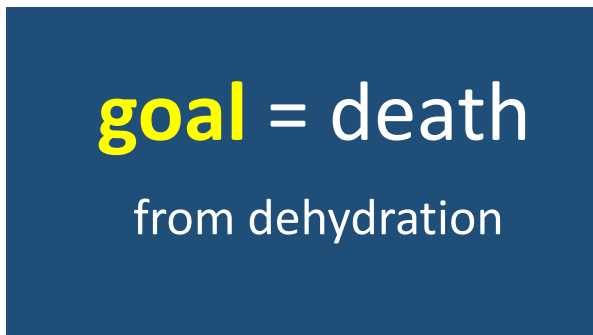
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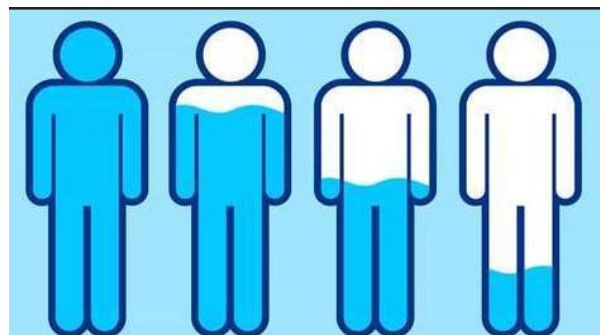
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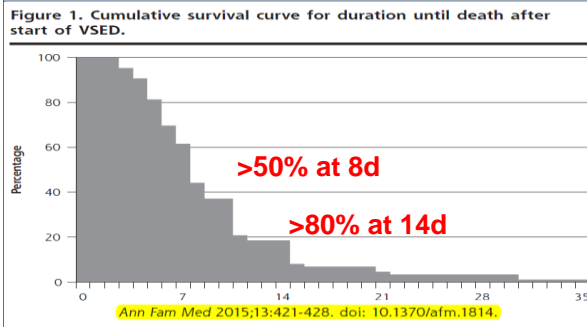
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65



66



67



68



69

EXCLUSIVE: War hero who begged for an assisted death starved himself for 8 weeks before dying

70

not VSED

71

peaceful
comfortable

72

The NEW ENGLAND JOURNAL of MEDICINE

SPECIAL ARTICLE

Nurses' Experiences with Hospice Patients Who Refuse Food and Fluids to Hasten Death

Linda Ganzini, M.D., M.P.H., Elizabeth R. Goy, Ph.D., Lois L. Miller, Ph.D., R.N., Theresa A. Harvath, R.N., Ph.D., Ann Jackson, M.B.A., and Molly A. Delorit, B.A.

73

100 Oregon **nurses** cared for VSED patients

74

most deaths “**peaceful** with little suffering”

75

aahpm AMERICAN ACADEMY OF HOSPICE AND PALLIATIVE MEDICINE

amda THE SOCIETY FOR POST-ACUTE AND LONG-TERM CARE MEDICINE

AMWA The Vision and Voice of Women in Medicine since 1915 American Medical Women's Association

ANA AMERICAN NURSES ASSOCIATION

JOURNAL OF PALLIATIVE MEDICINE Position Statement International Association for Hospice and Palliative Care Position Statement: Euthanasia and Physician-Assisted Suicide

76

that's VSED

77

VSED still matters

78

6 reasons

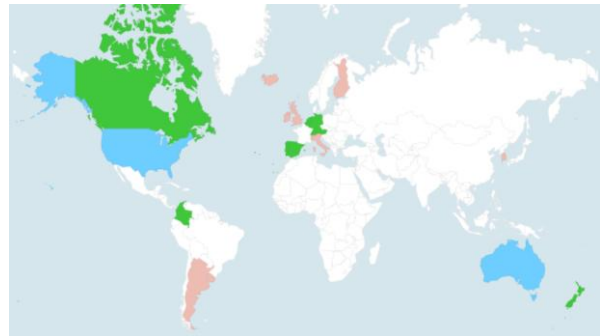
79

reason 1

80

MAID illegal

81



82

VSED **only**
legal option

83

reason 2

84

even if MAID legal
patient **ineligible**

85



86

6-12 month
prognosis

87

**grievous &
irremediable
suffering**

6mo

88

Huntington's
Parkinson's

89

completed
life

90



91

6mo →
no capacity
no self-ingestion

92



93



94

no MAID available → **VSED**

95

2.1%
 of all deaths

Onwuteaka-Philipsen BD, Brinkman-Stoppelenburg A, Penning C, de Jong-Kruif SJJ, van Deilden JJM, van der Heide A. Trends in end-of-life practices before and after the enactment of the euthanasia law in the Netherlands from 1990 to 2010: a repeated cross-sectional survey. *Lancet*. 2012;380(9845):908-915.
 Chabot BE, Goedhart A. A survey of self-directed dying attended by proxies in the Dutch population. *Soc Sci Med*. 2009;68(10):1745-1751.

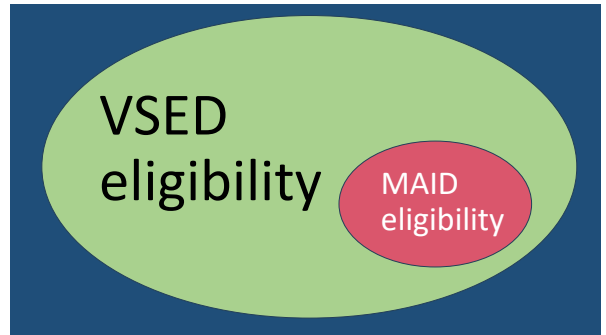
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The NEW ENGLAND JOURNAL of MEDICINE

End-of-Life Decisions in the Netherlands over 25 Years

40% deaths euthanasia

97



98

reason **3**

99

VSED can **make** patient eligible

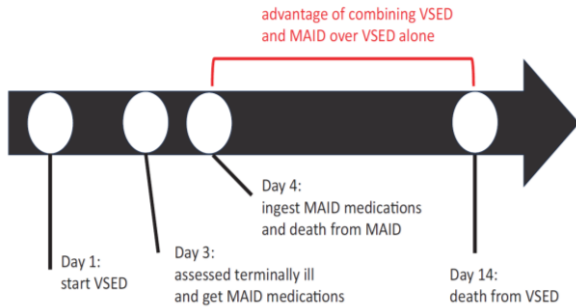
100

VSED is not only an alternative

101



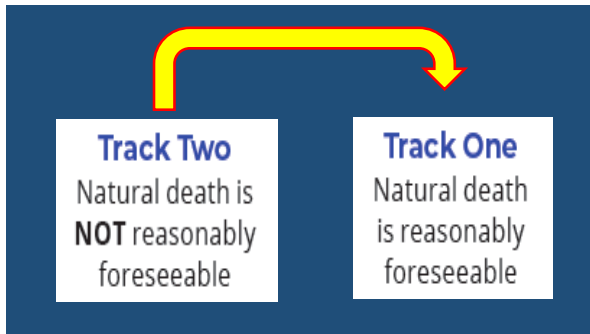
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103



104



105

VSED **bridge** to MAID

106

reason **4**

107

MAID legal patient eligible **not accessible**

108

waiting
periods

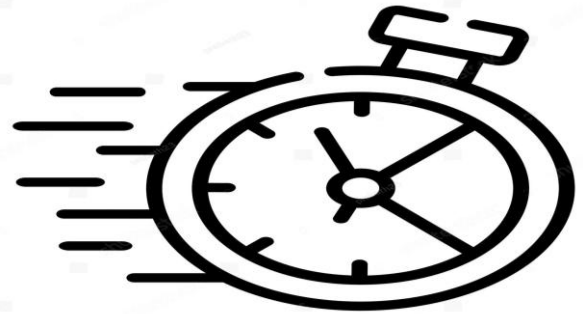
109

available
clinician

110

even if legally
available, not
practically

111



112

VSED
accessible

MAID
accessible

113

reason **5**

114

advance requests

115

even if MAID is legal
even if patient is eligible
even if MAID is accessible

116



117

MAID while **still** have capacity

118



119



120

too **soon**

121

life **still**
worthwhile

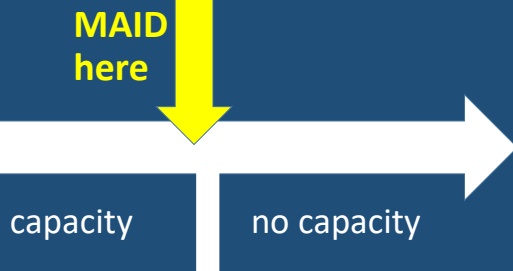
122

earliness
problem

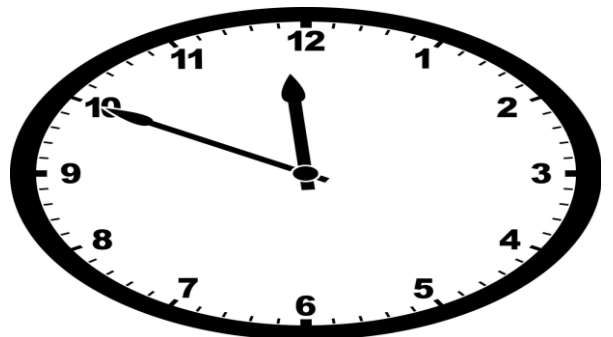
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124



125



126

but

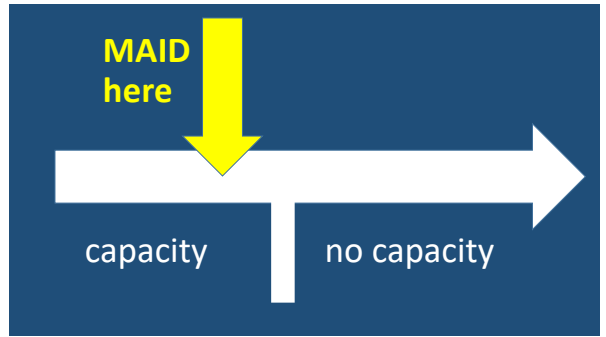
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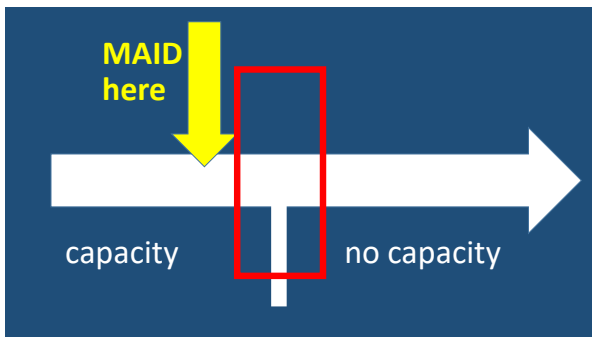
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129



130



131

premature
dying

132

current situation
still acceptable

133

MAID **not** a
good option

134

at **this** time

135

not ready
to die yet

136

concerned
about **future**
circumstances

137

lack capacity
at future time

138



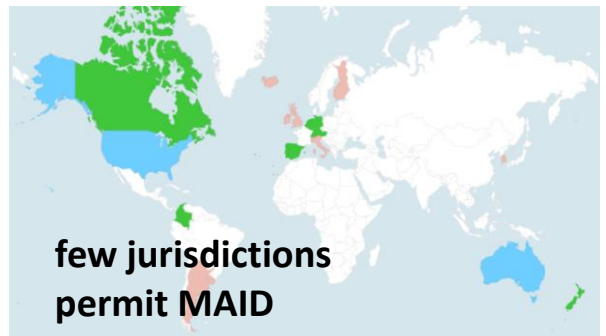
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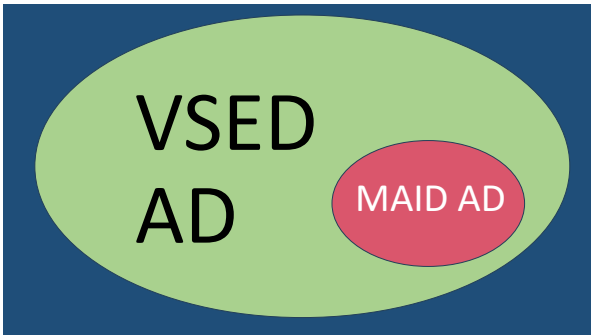
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VSED ADs accepted

145



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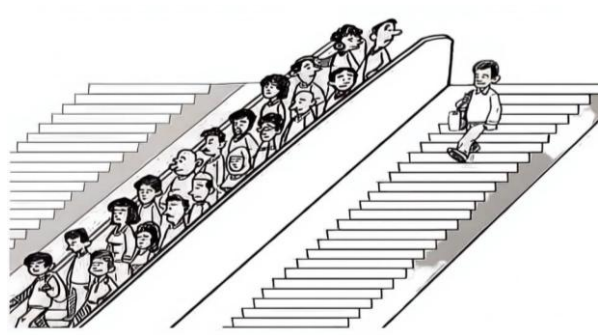
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reason 6

148

prefer VSED over MAID

149



150



151

“If assisted dying was available ... I would have chosen it in a heartbeat”

152

but

153



154

time to say
goodbye

consistent with
with **morals**

155

conclusion

156



157



158



159



160



161



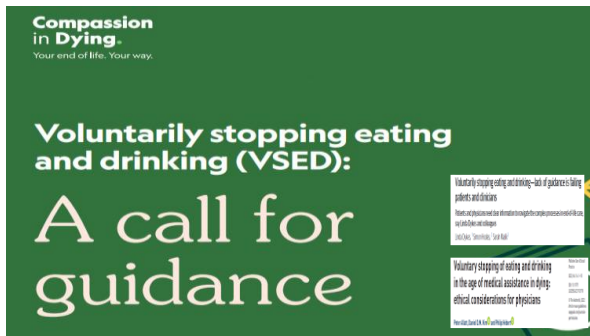
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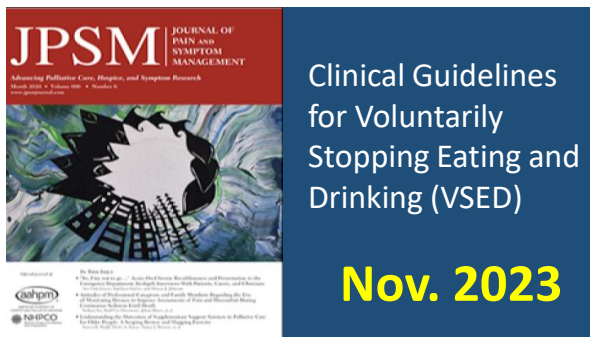
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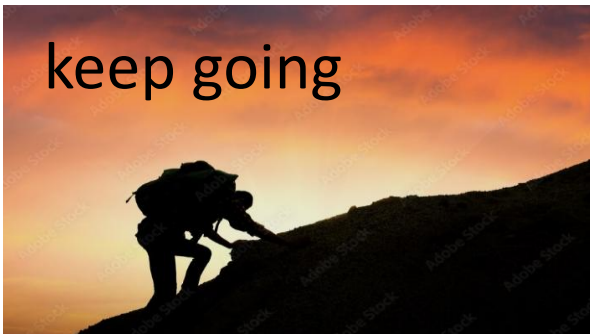
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